



# GEALC

GLEN EIRA ADULT  
LEARNING CENTRE Inc  
*Learning for life!*

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## END OF YEAR PARTY & CERTIFICATE CEREMONY

Every year GLEN EIRA ADULT LEARNING CENTER celebrates with an end of year party, where all students, teachers, manager and staff get together. This year it will be held on 15th December. We also celebrate the Certificate Ceremony on this day. It would be a great pleasure to celebrate our achievements all together. The event also recognises students hard work as they receive their certificates. This certificate ceremony encourages us to learn more and be more productive.

It's an awesome time for all students to be together. It allows us to socialise and network with students from other classes. It signals the end of year and welcomes the new year and next sessions of classes.

**So please come and join us to celebrate the party!**



By Shakshi

## INTERVIEW WITH JUDY

I had a lovely chat with one of our teachers Judy Sinclair at GEALC the other day. Here is something about her.

Judy Sinclair was born in Tasmania. She moved to Melbourne with her family as a child. Then she went to high school and tertiary school in Melbourne. Although she spent most of the time in Melbourne, she also had a few years experience living in WA with her husband.

Judy has dedicated all her life to education. She obtained a diploma of business and administration and a degree in adult learning and development from Monash University and she also has a teaching qualification. She has been teaching at GEALC for 3 years and currently is

teaching "Introduction to Business Administration". This course is designed to help immigrants who are new to Australia increase their confidence by gaining more understanding of how business works in Australia. "Although many people attending the class are highly educated, the lack of proficiency in English and knowledge of business will hinder most of them from getting a job"---observed Judy. Her goal is to help students to feel confident about themselves. Thus it will be easier for them to get into the business world in Australia.

Judy enjoys travelling and looking after her grandchildren in her spare time. She has travelled through

most parts of Australia, went to France last year and she is going to visit London very soon to attend her nephew's wedding. She also plans to visit North Territory with her husband when she has more free time. She says it will help her relax and learn about the world a little bit more.



By Xi



**Our Term 4 Course Brochure is now available! Pick up a copy from our reception or visit our website at: [www.gealc.org.au](http://www.gealc.org.au)**

## IPAD CLASSES

Join one of our 4-week courses:

**iPAD 1:** Searching & downloading useful applications, Using iTunes, Taking/editing photos, WiFi

**iPAD 2:** More applications & iTunes, Using email & Skype, syncing your computer with iPad, Editing Photos!

## SETTLING IN AUSTRALIA

This FREE 4-week course will help ESL students to settle in Melbourne and understand the Australian way of life. Topics include: Australian history & culture, Government and schools, building networks, looking for work, communication, Australian vocabulary.

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**By Swati**

## STUDENT STORY

I joined this GEALC class in August. I remembered when I met Ann, she talked with me. She told me that first I should join ESL 1, ESL 2 and ESL 3 classes. Among these classes I could choose which class was challenging for me, and to take that class. I attended these classes. ESL 3 was difficult for me, so I decided to continue the ESL 3 class. This class is taken by Jenny and Lee. I go on Tuesday to Lee's class and on Friday to Jenny's class.

Lee and Jenny are very good teachers. Both teach us very well. In GEALC I have friends who have arrived from many countries. Here we get knowledge about current news of Australia. I also attended the course "Settling In Australia". This course gave me some positive thoughts on how to settle in Australia. Here I feel very comfortable. Teachers, friends are very good. In November, I attended "WELLvember" sessions. From these sessions I got information about healthy mind and body, natural health, good nutrition, wellness and me and meditation. I am very happy I joined GEALC. Poonam is very helpful. She helps me here. I am very thankful to GEALC for giving us an education.

## RECIPE

**Apricot Cake-** Easily made, good taste 0%fat, looks good apricot cake.

### Ingredients:

2 Eggs  
 ½ cup Sugar  
 1 ½ cup self-raising flour  
 ½ kg fresh apricots  
 1 orange

### Method:

Create the zest of the orange and squeeze the juice out, add 2 beaten eggs, sugar and self-raising flour to the orange mixture. Mix until the mixture looks like sour cream.

Pour 2/3 of mixture into a cake tin, lined with baking paper. Cut the apricot into quarters and lay out on top of the mixture and then pour the remaining 1/3 on the apricot. Bake for 50 min at 150 °C until a stick inserted into the centre comes out clean.



**By Lilia**

## EXCURSION



**By ESL 2/3**

On Thursday 15<sup>th</sup> October, Level 2 and 3 GEALC students visited Parliament House in Melbourne. We were met by our local Member David Southwick who generously showed us all around Parliament House. It is a wonderful building showcasing the wealth of Melbourne's history and the dignity of a Parliamentary setting. The most interesting and educational part of our tour was having the privilege of sitting in on Question Time on the last sitting day of Parliament for 2014.

It was very entertaining watching the Members all demanding to be heard at the one time. At times it seemed like chaos with people shouting across the room at each other. We were very surprised at the authority of the Speaker who with one word silenced in the room.

The day was a wonderful experience and a privilege to be able to be as involved as we were and see that "Freedom of Speech" is such an important part of Australian Culture.

## WELLvember- TAI CHI

Yesterday I attended one of the "Wellvember" class. It was a Taichi style yoga class. Although I have been practicing yoga for a few years, it was the first time I tried Taichi style yoga, as it was for many students in the class.

The yoga instructor was Rita Ying. Rita also works for GEALC. Surprisingly, she has been practicing Taichi for over 9 years and she still consider herself as a junior in the Taichi world.

We started the class by breathing. Breathing might look like the easiest thing to do as we all do it every day, every single second. However, the breathing in Taichi required us to concentrate without any distractions. Then we followed Rita to do some slow energy moving movements. To my surprise, it wasn't long before I felt my body started warming up. Then we took a brief break. Rita explained to us it was the Qi (Energy) we were moving within our body to warm us up from inside. How amazing it was! After the break, class continued. Rita was very attentive to students, especially as for lots of us it was our first time to try this type of exercise. She is a very humorous lady too. The one-hour session went by quickly and we felt relaxed afterwards. It is so nice that GEALC organize such wonderful classes to look after our wellbeing. I am sure GEALC will become more and more well-known and this will encourage more people to attend this welcoming centre.



**By Xi**

# Community Group of the Year Award



## Multicultural Festival



Biggest



Morning Tea

## WELLvember



## Senior's Festival

## Adult Learner's Week



### IMPORTANT DATES



- Fri 12 December** - End of Term 4
- Mon 15 December** – End of Year Party & Certificate Ceremony 12.00 to 2.00pm
- Thur 18 December** - GEALC Office Closed from 12.30pm UNTIL ...
- Mon 19 January 2015** – GEALC Office opens
- Wed 28 January** – Enrolment Day 10am-2pm
- Thur 29 January** – Enrolment Day 10am-2pm
- Mon 2 February** – Classes commence
- Mon 9 March** - Labour Day (no classes)

- Wed 11 March** - GEALC Annual General Meeting (at 4pm)
- Sat 14 March** - Multicultural Music, Dance & Food Festival from 11.30am to 2.30pm
- Fri 21 March** - Harmony Day
- Fri 27 March** – Term 1 Ends
- Fri 3 April** - Good Friday
- Mon 6 April** - Easter Monday
- Mon 13 April** - Term 2 ESL Classes Start
- Thur 21 May**—Biggest Morning Tea

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功夫

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**Address:** Glen Eira Adult Learning Centre, 419 North Road, ORMOND 3204

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