



OUR NEWSLETTER PRODUCTION TEAM

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GEALC & OUC HOST A WINTER WARMER LUNCH

Glen Eira Adult Learning Centre and Ormond Uniting Church held a winter warmer lunch on Tuesday 30 July.

There was a good turnout. More than 100 people came to the lunch party. The lunch was held in the church hall. Some people who attended were from our English and computer classes and some of them were from the church. Also some of our teachers attended.

Healthy and tasty food was prepared. There were some sandwiches, soup, tea and coffee. Everybody had a simple but enjoyable lunch. We believe that, the most important thing is a friendly and lovely atmosphere.

People chatted to each other and made new friends. Because Australia is a multi-cultural country, holding events like this party is very useful for migrant people.

We hope to continue our special programs and events to build more friendly relationships.



By Sara

INTERVIEW WITH MARIEANNE

I would like to introduce one of our teachers, Marieanne Hennequin. She was born in Mauritius, located in the Indian Ocean and is a popular tourist destination. Her parents migrated to Australia when she was 9 years old to give her a better life.

Marieanne grew up with her sister in Melbourne. She finished high school and later she attended Deakin University. After graduating, she worked as a school teacher. She chose this profession because she likes working with people and helping them.

She is an open minded person with a very friendly and mild temper. She values highly loyalty and trust in people.

She speaks fluent French and likes travelling a lot. She has visited Europe, USA, Fiji, Vanuatu and many more.

Her favourite place is Hawaii because the weather is always lovely and the lifestyle is very relaxing.

She likes Australia as it is a multicultural society, where people come from other countries, and people are very kind and friendly and we can learn from each other and have an interesting life.

In her free-time, she follows St. Kilda football, "The Saints". She has an artistic soul and her recipe for stress relief is painting. As well as Zumba and Yoga, which gives her positive energy. She also likes watching period dramas and movies, her favourite being "Titanic" and her favourite writer is Jane Austen.

Marieanne has also worked in a volunteer capacity arranging flowers for a church and as an ESL tutor at the Sandy beach Centre. Nowadays, she works as an ESL tu-

tor both privately and at GEALC. Marieanne enjoys working at GEALC, which she joined 5 years ago, because the centre is an accessible place, where the staff and students are all great to work with. Although she wishes GEALC had more or larger rooms, because the large number of students means the classes are overcrowded! Marieanne is a nice and good tutor.

By Iwona



New Courses

Our Term 4 Course Brochure is now available! Pick up a copy from our reception or visit our website at: www.gealc.org.au

IPAD CLASSES

Join one of our 4-week courses:

iPAD 1: Searching & downloading useful applications, Using iTunes, Taking/editing photos, WiFi

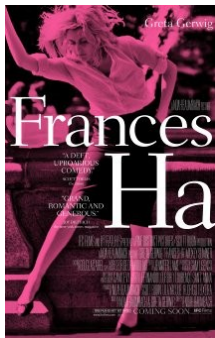
iPAD 2: More applications & iTunes, Using email & Skype, syncing your computer with iPad, Editing Photos!

SETTLING IN AUSTRALIA

This FREE 4-week course will help ESL students to settle in Melbourne and understand the Australian way of life. Topics include: Australian history & culture, Government and schools, building networks, looking for work, communication, Australian vocabulary.

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By Poenam

MOVIE REVIEW

GEALC staff and students gathered for a Social evening on 3rd September by watching a beautiful movie, Frances Ha, at the Elsternwick Classic Cinema.

Frances Ha is a story of a girl who is a ballerina by profession. She is living with her best friend Sophie and loves her a lot. Frances breaks up with her boyfriend and Sophie moves out from the house to live with her boyfriend leaving Frances alone. Then Frances starts sharing a flat with two male friends in New York and is always struggling to pay the rent. At Christmas she visited her parents in California and after coming back to New York, she started working in restaurant which she didn't like. Frances overheard in the restaurant that Sophie was engaged and moving to Japan with her fiancé, so she felt sad and decided to go on a trip to Paris. These series of circumstances made her think about her life seriously.

The movie is nicely shot in black and white and reveals in last frame the reason for "Ha", which is the short form of the surname of the main character, Frances Halladay. I enjoyed the movie a lot and meeting up with friends.

RECIPE

Everyone knows that **Borscht** comes from Ukraine! It is very delicious.



By Larysa

Ingredients:

500g of meat (pork or beef)
2-3 potatoes
1 beetroot
1 green or red pepper
2 onions
2 carrots
2 tbsp tomato paste
2-3 tomatoes
¼ cup of cabbage
A clove of garlic
Some salt and pepper

Method:

Wash the meat, cut into small pieces. Pour some cold water into a pot, salt and cook until the meat is almost ready. Cut the onion, carrots and beet into squares and fry until golden brown. Add some tomato paste and grated tomatoes. After a little bit add a cup of meat stock. Cut the pepper and add them as well. Stew everything for about 10 minutes. Cut the cabbage into slices and put it in the stock. After the stock is boiling add the mix of fried veggies and tomato paste. Cook 5 minute then add a small piece of pork fat and crushed garlic. The Borscht is ready. Serve it with some sour cream.

WELLVEMBER

GEALC is excited to announce that during the Month of NOVEMBER, we will be offering a series of FREE "Health and Well-being" activities for you to enjoy such as:

- | | | |
|--------------|---------------|--------------------|
| *Tai Chi | *Meditation | *Healthy Eating |
| *Art Therapy | *Healthy Mind | *Stress Management |
| *Photography | *Aromatherapy | |

A timetable of events will be available in October. Please visit our website at www.gealc.org.au or call us on **9578 8996** for more information about this healthy event! It's TIME to look after yourself, so join us duringWELLVEMBER!

By Philippa

YOUTH MARKET INITIATIVE

GEALC is looking for young people (15 to 25 yrs) to either help organise or to have a stall at a YOUTH MARKET event which will be held during National Youth Week 2014 (April). No experience required as you will be offered training in Event Management.

Note: Training will be held fortnightly on Mondays after school & pizza will be provided at Glen Eira Adult Learning Centre. Call 9578 8996 for more Information.

This is a great opportunity to gain new skills and experience ... so don't miss out!



YOUTH EVENT ORGANISERS NEEDED!

ARE YOU INTERESTED IN:

- RUNNING EVENTS
- MEETING NEW PEOPLE
- BEING PART OF A TEAM
- MUSIC/ARTS/GRAPHIC DESIGN

We are looking for young people (15 to 25 yrs) to help organise a YOUTH MARKET event

No experience required as you will be offered a FREE pre-accredited course in Event Management

Note: Training will be held fortnightly on Mondays after school (pizza provided) at Glen Eira Adult Learning Centre 439 North Rd, Ormond. Call or text your name to Jane on 0488 778 078 for more information.

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GLEN EIRA ADULT LEARNING CENTRE
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GLEN EIRA ADULT LEARNING CENTRE INC.
Learning for life!

The *Victorian Seniors Festival* is an annual celebration for seniors held every year in October. GEALC will be celebrating the *Victorian Seniors Festival* by holding a FREE Morning Tea on **Wednesday 9 October from 10.00 to 11.30am**. We will also be celebrating by offering a FREE trial iPad session and by giving away a show bag of goodies! DON'T MISS OUT on this exciting event!! Tell your friends and family!



IT'S YOUR TIME
OCTOBER 2013

GLEN EIRA ADULT LEARNING CENTRE

Join us for FREE Morning Tea
on **Wednesday 9 October**
from 10.00 to 11.30am

We will also be celebrating the Seniors Festival
by offering a FREE trial iPad session and by
giving away a show bag of goodies!!
DON'T MISS OUT on this exciting event!!

Where:
419 North Rd
ORMOND

For more details:
T: 9578 8996
E: info@gealc.org.au
W: www.gealc.org.au




GEALC's WEBSITE & FACEBOOK

GEALC's website, which can be found at **gealc.org.au**, has all the details about the courses with its current brochure, upcoming events and newsletters which are written by GEALC's ESL students.

GEALC's **online booking** facility is available from the website (click on ENROL NOW) where you can pay through PayPal or by credit card.

Social media has become an important tool as it is bridging the virtual world with the physical world. GEALC has a **Facebook** page and **Twitter** account where the posts show upcoming events, information about new courses and photographs of events. We would love you to "**Like us**" on Facebook page which will help others to know about this friendly organisation.



By Peonam

GEALC ON TV and in the NEWS!

GEALC has recently been on television and in the newspaper. Channel 31 airs a program called "A House Around the Corner". This program showcases successful community-based organisations. GEALC was fortunate enough to be filmed for this program which was aired on 9 July. Two of our former students /volunteers, Narcisa and Heejin Kim were interviewed for this show. These students shared their experience of learning and volunteering at GEALC. You can view the program on YouTube at:

<http://www.youtube.com/watch?v=u-nbzyYxAAt8>

Heejin Kim has also been interviewed by the Leader Newspaper about her experience at GEALC. This article is a good example for the people who are migrated and feeling lonely and isolated. This centre provides a very warm and friendly atmosphere to everyone which is very supportive for new migrants, as they are coming here leaving their family and friends behind.

By Peonam



Heejin Kim Sawaki went to Glen Eira Adult Learning Centre to learn English and ended up volunteering. Picture: VALERI CAMPAN

Learning centre provides lessons for life

WHEN Heejin Kim Sawaki first arrived at Glen Eira Adult Learning Centre in Ormond in 2011, she only wanted help improving her English.

The South Korean-born mother-of-two not only got much better at English, but also made lifelong friends

and is planning to volunteer at the centre.

Next year she hopes to teach an arts course when she has completed her Master of Art Therapy.

"They're really supporting; not only language issues, but cultural, living in Australia and further

study after the course," Ms Kim said.

"When I feel I'm not sure what to do, I think of one of the people working there and ring them."

In July, Ms Kim appeared on Channel 31's *A House Around the Corner* to talk about her time with GEALC.

"When I had a play date with my daughter, she wanted to show the program to her friend. She was very proud," Ms Kim said.

Next year will be busy for Ms Kim - she has almost finished her course and hopes to combine a new job and volunteering at GEALC.

IMPORTANT DATES



Fri 20 September - End of Term 3
Mon 7 October - Term 4 ESL classes start
Wed 9 October - Join GEALC for a FREE Morning Tea to celebrate Seniors' Festival
Mon 14 October - Term 4 Computers start
November is Wellvember! A month of free Health & Well-being activities (see timetable)
Thur 28 November - Social Inclusion Lunch
Tue 5 November - Melbourne Cup (no classes)
Fri 13 December - End of Term 4
Mon 16 December - End of Year Party and Certificate Ceremony from 12 to 2pm

Thur 19 December - GEALC Office Closed from 3pm UNTIL ...
Mon 20 January - GEALC Office opens again
Wed 29 January - Enrolment Day 10am-2pm
Mon 3 February - ESL Classes commence
Mon 10 February - Computer Classes commence
Sat 1 March - Multicultural Music, Dance & Food Festival from 11.30am to 2.30pm
Tues 18 March - GEALC Annual General Meeting at 3.30pm



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TRADING HOURS
Mon~Sat 11:00am - 9:30
Closed on public holiday

487 North Rd, Ormond VIC 3204



General Knowledge Quiz

You could win a prize! Hand in your answers with your name and contact details to GEALC reception by 18 October!

1. What is the largest Aboriginal tribe in Australia?
A. The Wiradjuri tribe (NSW) B. The Arrente (AliceSpring) C. The Ngunnawal (Canberra)
2. Who is Catherine Astrid Salome "Cathy" Freeman?
A. Most wealthy woman in Australia B. Australian famous Chef C. Australian Sprinter who won 400 m at 2000 Sydney Olympic Games
3. Who is Dame Elisabeth Joy Murdoch?
A. a business Woman B. an Opera Singer C. a Philanthropist
4. Who is Kathleen Jean Mary Ruska (aka Oodgero Noonucal)?
A. The first female Australian Prime Minister B. Health Minister C. Campaigner of Aboriginal rights
5. What is "Sunnies"?
A. an umbrella B. an ice-cream C. a sunglass

Correct entries will be drawn on 15 November 2013

If you would like to advertise in our newsletter, please contact us on
9578 8996 or email us at
info@gealc.org.au

Address: Glen Eira Adult Learning Centre, 419 North Road, ORMOND 3204
Website: www.gealc.org.au

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